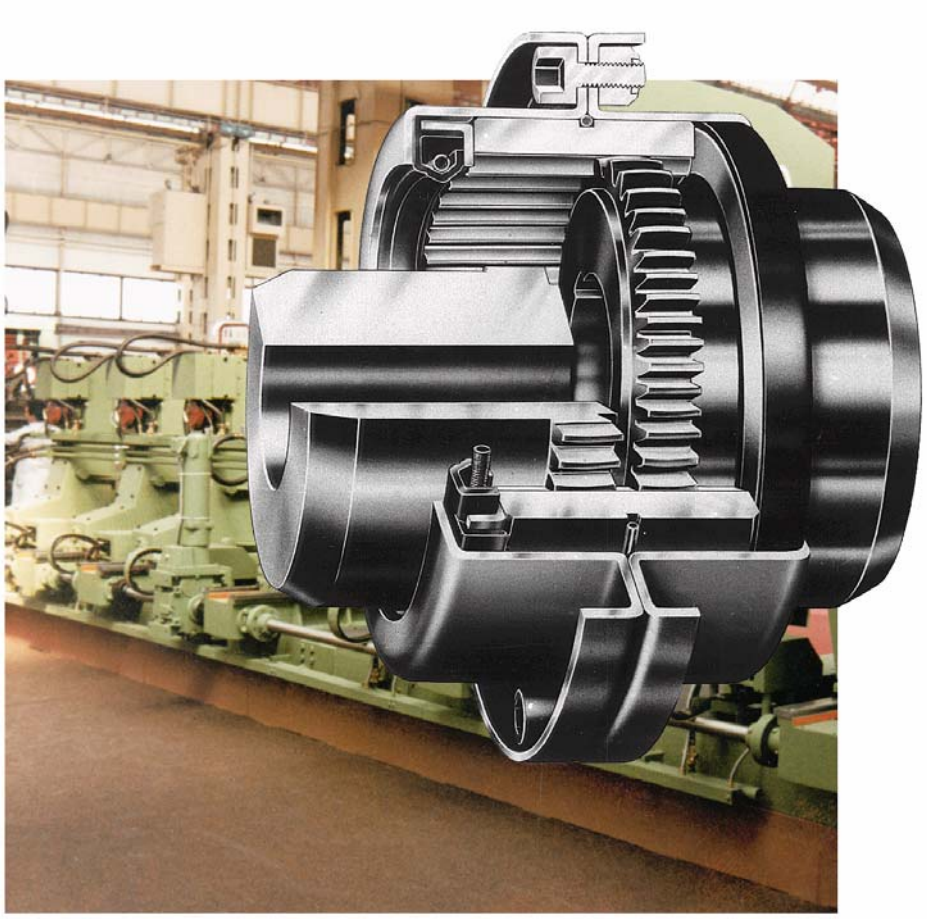NST